MEETING MINUTES

San Miguel Behavioral Health Solutions

October 22, 2020 | 9:00 am – 11:00 am ZOOM ONLY

Panel Members Present: Karen Winkelman, Carol Friedrich, Perri Gipner, Pam Stewart-Maddox, Amanda Jones, Sarah Landeryou, Rob Whiting, Chuck Porth

Other Attendees: Paul Reich, TCHNetwork; Corinne Cavender, TCHNetwork; Greg Fischer, TCHNetwork; Becky Ela, Behavioral Health State Task Force

Meeting called to order at 9:05am

1. Chuck Porth, CEO, Uncompangre Medical Clinic

a. Newest panel member Chuck Porth was appointed to the San Miguel Behavioral Health Solutions Panel on October 21, 2020 by the San Miguel BOCC

2. Approve September 24, 2020 Meeting Minutes

- a. 1st Perri Gipner
- b. 2nd Sarah Landeryou
- c. All in Favor

3. Office of Behavioral Health State Task Force

- a. Becky Ela presented to the Panel on the findings from the Behavioral Health State Task Force
 - i. Governor Polis requested an analysis of the state of Behavioral Health in Colorado in 2020
 - ii. Becky Ela served on the overall Task Force
 - iii. The blueprint identified by the appointed task force has six key pillars with different goals to reach the respective objectives to be implemented over the next 6-8 years
 - iv. The pillars identified in the blueprint coincide with the priorities the Panel has identified for San Miguel County
 - v. Becky identified her top 3 areas of need
 - 1. Integrated care in primary care clinics
 - 2. School based social workers
 - 3. Law enforcement training in behavioral health issues
 - vi. The Blueprint calls for the creation of a behavioral health authority to oversee behavioral health in the state, but does not include oversite of Medicaid

4. Updates

- a. Good Neighbor Fund
 - i. 23 individuals/\$30,130 dollars
- b. Medicaid Credentialing Grant
 - i. San Miguel County is a confirmed recipient of the grant
 - 1. Carol Friedrich and County are awaiting next steps from grantor
 - 2. Will help local providers become credentialed in Medicaid and may assist in other areas related to Medicaid billing
- c. Duration of Advertising for GNF/Funding/Priorities

- i. Spending approximately \$1K per month per ad (GNF and Solutions spending/priorities)
- ii. Consensus to keep advertising the Good Neighbor Fund through print advertisements in both Spanish and English & look to add a QR code to the ad
 - No need for additional advertisements for the funding and priorities of the Panel
- iii. TCHNetwork will develop some social media posts and share with the Panel and hope that the panel will share on their respective social media feeds

5. School and Crisis Grant Reporting

- Discussion re: wording used on crisis services grant; TCHNetwork will clarify before sending to the grantees; will be sent to grantees and due back in January 2021; will present to panel at Feb 2021 meeting
- b. Agency grants for prior funding due 11/15 and will share with the panel at the December meeting
- c. No additional comments on the format of the School and Crisis Grant Reporting

6. Priority Funding Initiatives

- a. Panel discussed and edited the specific language used in its top three priorities
- b. Final language
 - i. Expand and support San Miguel County's behavioral health workforce through:
 - 1. The hiring and retention of qualified bilingual and bicultural Spanish/English behavioral health professionals
 - 2. Professional development opportunities for existing clinicians in the county
 - ii. Implement changes to reduce barriers and improve access through:
 - 1. Funding a Behavioral Health Systems Navigator position to serve individuals in San Miguel County
 - iii. Continue to support in-person crisis response services in San Miguel County

7. Spanish Language Therapist

- a. Panel was presented with TCHNetwork research regarding the hiring and recruitment of a bilingual therapist in San Miguel County
 - Discussion re: lack of available providers (no information available on the number of Spanish language therapists practicing in Colorado), recruiting expenses, housing costs, impact on agencies that might hire a provider in terms of salary disparities,
- b. Future discussions and further research were deemed necessary by the Panel
- c. Consensus that proper time to develop this position is necessary to ensure a strategic plan is in place before the Panel allocates dollars towards this initiative

8. Professional Development

- a. Panel was presented with TCHNetwork research regarding professional development opportunities in San Miguel County
- b. Discussion about 4 possible funding buckets:
 - i. Licensed professional PD for additional certifications/training (e.g., Trauma informed care, substance use treatment, etc.)
 - ii. Professional development for law enforcement and 1st responders for behavioral health
 - iii. Stipends to community members to attend behavioral health trainings (e.g., Mental Health First Aid, safeTALK)

- 1. Direct to consumer or through existing agencies
- iv. Stipends for clinical supervision
 - 1. Expensive way to support workforce development, but may be needed to build up workforce from existing labor pool
- c. Future discussions and further research were deemed necessary by the Panel
- 9. Behavioral Health Systems Navigator
 - a. Additional work required to ensure that this position does not duplicate already existing care coordination, case management services, JBBS services, etc.

10. Panel Membership

- a. Terms
 - i. Panel reviewed current terms and bylaws for membership
 - 1. Panel will review terms each May and arrange for reappointment or new appointment by the BOCC in June of each year
 - ii. Rob Whiting will be leaving for a sabbatical in 9/21 so may have to review status of that seat; expressed a strong interest in returning to or remaining on the panel during this time
- b. Election of Officers
 - i. Motion to approve Karen Winkelman as Vice Chair of the San Miguel Behavioral Health Solutions Panel
 - 1. 1st Rob Whiting
 - 2. 2nd Pam Stewart-Maddox
 - 3. All in favor

Meeting adjourned at 11:04 am

Future Meetings

- a. November 19
- b. December 17
- c. January 28
- d. February 25
- e. March 25
- f. April 22