

MEETING AGENDA
San Miguel Behavioral Health Solutions
March 25, 2021 | 9:00 am – 11:00 am
ZOOM ONLY

Panel Members Present: Carol Friedrich, Amanda Jones, Karen Winkelmann, Pam Stewart-Maddox, Sarah Landeryou

Other Attendees: Corinne Cavender, TCHNetwork; Paul Reich, TCHNetwork; Lynn Borup; TCHNetwork Paula Schramm; Rocky Mtn Health Plans, Violet Willett; Rocky Mtn Health Plans, Jennifer Dinsmore; San Miguel County Sheriff's Office

Meeting called to order at 9:05am

- 1. Welcome**
- 2. Approve February 25, 2021 Meeting Minutes**
 - a. 1st Amanda Jones
 - b. 2nd Karen Winkelmann
 - c. All in Favor
- 3. CYMHTA Program**
 - a. Paula Schramm, CYMHTA Clinical Care Coordinator, Rocky Mtn Health Plans; and Violet Willett, Manager of Care Management, Rocky Mtn Health Plans
 - i. Paula and Violet presented to the Solutions Panel on the Children Youth Mental Health Treatment Act (CYMHTA)
 - ii. Rocky Mtn inherited the program in July of 2020
 - iii. CYMHTA allows for families to access mental health treatment services for their child or youth
 - iv. Alternative to child welfare involvement when a dependency and neglect action is not warranted
 - v. Funding streams can be made available when there is no other appropriate funding source for treatment (i.e., private insurance)
 1. CYMHTA is intended for people who have no insurance, are underinsured, or their insurance will not cover the required mental health services
 - vi. To qualify for CYMHTA, youth must:
 1. Have a mental health diagnosis
 2. Be at risk for out of home placement
 3. Not be eligible for Medicaid
 4. Must access program prior to 18th birthday
 - a. Note: Can stay in program until 21 years old if admitted before 18th birthday
 5. Not have a case with child welfare
 - vii. To access CYMHTA, a parent or guardian contacts the Rocky Mtn Health Plans CYMHTA Liaison
 1. From there the following occurs:

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- a. Phone consultation
 - b. Face to face assessment
 - c. Record review
 - d. Clinical recommendation
 - 2. Liaison then links family to CYMHTA funded resources and providers for ongoing clinical assessment and recommendation
- viii. ATTACH POWERPOINT
- ix. The Solutions Panel agreed that it is important to educate around this program, and it will be a huge asset to the community
 - 1. Solutions Panel further agreed that its funded Behavioral Health Care Coordinator should have a solid understanding of this program

4. San Miguel Sheriff CORE Program Update

- a. Jennifer Dinsmore, San Miguel County Sheriff
- b. Dinsmore explained that the CORE Program sed to be funded by DOLA grant, which the Sheriff’s Office no longer receives
- c. CORE met its program goals in 2020:
 - i. 400 instances for service and follow-up care
 - ii. Helped first responders after traumatic experiences
 - iii. Hired PTE and are working to FTE
 - iv. Secured transport vehicle
 - v. 24/7 coverage
 - vi. Collaboration with stakeholders
 - vii. Providing clinical internship opportunities for locals
- d. Outlined 2021 objectives
- e. Detailed other funding solutions
 - i. 125k through Rock Mountain Health Plans
 - ii. 100k through Solutions Panel

5. Updates

- a. Good Neighbor Fund Current Funding
 - i. Paid \$52,698 to 43 clients.
- b. Behavioral Health Care Coordinator Update from Tri-County Health Network
 - i. TCHNetwork in interviewing process
- c. Professional Development Grant Update
 - i. No new grant applicants

6. Behavioral Health Pilot Grant

- a. Telluride Regional Medical Center Request and Action Item (Karen Winkelmann to recuse from discussion and decision)
 - i. **Motion to approve second round of funding as requested by the Telluride Regional Medical Center in the amount of \$20,000**
 - 1. 1st Sarah Landeryou
 - 2. 2nd Amanda Jones
 - 3. All in Favor
 - 4. Abstain: Karen Winkelmann
 - ii. Language change not going to be included

7. Expansion of School EAP Programs

- a. Norwood Discussion and Action Item (Perri Gipner to recuse from discussion and decision)

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- b. Telluride Discussion and Action Item
- c. **Motion to approve Norwood and Telluride EAP expansion proposals**
 - i. 1st Sarah Landeryou
 - ii. 2nd Pam Stewart-Maddox
 - iii. All in Favor
 - iv. Abstain: Perri Gipner

8. San Miguel Behavioral Health Community Funding Proposal

- a. With the general Good Neighbor Fund out of funding, the Solutions Panel discussed whether it wishes to continue funding behavioral health services through the GNF or create a different community funding proposal with the same goals
 - i. Tri-County Health Network administered the behavioral health funding through the GNF. If the Solutions Panel creates a new program, an RFP would need to be created as the administration would go beyond TCHNetwork's current role
 - ii. Original goal of putting behavioral health dollars in GNF was to eliminate the need to create a billing system and use one that was already in place
- b. Solutions Panel discussed that it could negotiate with the GNF to edit criteria questions for those applying for behavioral health funds
 - i. Goal to be to approve services for San Miguel County residents and workers regardless of income
- c. Lynn Borup brought up concern about saving money for insurance companies
 - i. Wants the panel to consider making sure services that can be covered by insurance do get covered by insurance
- d. Corinne Cavender suggested that if the application does change, the resource questions should remain on the new application (i.e., if you receive SNAP, TANF, qualify for Medicaid etc.)
- e. Solutions Panel discussed reimbursement rates and how they impact the behavioral health system
 - i. The Solutions Panel agreed that it does not have enough guidance on if the reimbursement rates suggested in the meeting packet are appropriate
 - ii. Corinne Cavender to create a survey for San Miguel County clinicians in order to gather information on the state of reimbursement rates before and after COVID-19

9. Spanish Language Proposal (s) & Discussion

- a. Translation and Interpretation
- b. Community Mental Health Trainings in Spanish
 - i. At this point in the meeting, the Solutions Panel no longer had a quorum
 - ii. Ad-Hoc meeting to be scheduled to discuss this agenda item prior to next month's meeting

10. Other Business

- a. CMH agreement with County
 - i. Before the board during the March 2021 meeting, the agreement between the San Miguel BOCC and the Center for Mental Health's second round funding in the amount of \$10,000 funding, was brought into question.
 - 1. Since CMH services more than just San Miguel County, the BOCC wanted to make sure the money allocated by the Solutions Panel will for certain go towards San Miguel County clients and services.
 - ii. During this meeting, Carol Friedrich explained the CMH's 6-month grant report

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- iii. Commissioners discussed annual financial and performance audit from agencies receiving this funding
- iv. Came to agreement revise agency funding agreement health to include what was spent and how effective the agency was in administering services with said funding
- v. Solutions Panel discussed a formal audit seems like administrative and financial burden
 - 1. This could take away funding intended to administer for behavioral health services
 - 2. Agreed that proper accuracy and transparency are important
 - a. Solutions Panel agreed that county of residence should be clearer on future grant reports
 - 3. Agreed that the Solutions Panel needs to agree on metrics
 - a. Discussed that many behavioral health related outcomes are hard to measure (i.e., how many suicides were prevented)

2021 Meeting Schedule

April 22	May 27	June 24
July 22	August 26	September 23
October 28	November 18*	December 16*

*3rd Thursday due to Thanksgiving and Christmas holidays

Attachments:

- 1. February 25, 2021 Minutes
- 2. TRMC Funding
- 3. Norwood EAP
- 4. Telluride EAP
- 5. San Miguel Behavioral Health Community Funding
- 6. Spanish Language

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