

**MEETING AGENDA**  
**San Miguel Behavioral Health Solutions**

September 23, 2021 | 9:00 am – 11:00 am

ZOOM ONLY

**Panel Members Present:** Carol Friedrich, John Pandolfo, Paul Reich, Pam Stewart-Maddox, Sarah Landeryou, Rob Whiting

Panel Members Absent: Chuck Porth

Other Attendees: Corinne Cavender; TCHNetwork, Lynn Borup; TCHNetwork, Sheamus Croke; San Miguel County

**Meeting called to order at 9:05am**

- 1. Welcome**
- 2. Approve August 26, 2021 Meeting Minutes**
  - a. *1<sup>st</sup> Rob Whiting*
  - b. *2<sup>nd</sup> John Pandolfo*
  - c. *All in Favor*
- 3. Public Comment**
  - a. No community members present for public comment
- 4. Budget**
  - a. Solutions Panel reviewed current budget
  - b. 2022 budget discussion for County
    - i. The Board of County Commissioners requested an estimated budget for fiscal year 2022
    - ii. The Solutions Panel completed the 2022 budget during this regular meeting
    - iii. Motion to approve the San Miguel Behavioral Health Solutions Budget for fiscal year 2022 as outlined in September 23, 2021 meeting**
      1. *1<sup>st</sup> Paul Reich*
      2. *2<sup>nd</sup> Rob Whiting*
      3. *All in Favor*
- 5. County ARPA Funds (Sheamus Croke)**
  - a. Sheamus Croke, COVID-19 Recovery Funding Coordinator for San Miguel County, explained to the Solutions Panel that San Miguel County Board of County Commissioners (BOCC) plans to leverage the county's ARPA funds
    - i. BOCC is looking to find other funding opportunities that relate to county's priorities
    - ii. BOCC has stressed importance of county-wide behavioral health and wants to work with the Solutions Panel to brainstorm funding projects
      1. BOCC asked the Solutions Panel to create a \$100,000-\$500,000 proposal on a project related to identified behavioral health needs in San Miguel County
    - iii. Solutions Panel members inquired if this capital funding is allowed

1. Sheamus indicated that this type of request would be approved on a case-by-case basis
  - a. There are hesitations towards capital funding, but it is not out of the question
- iv. Paul Reich suggested that BOCC also reach out to Robin Slater with CORE and Public Health for other behavioral health funding ideas
- v. Sheamus indicated BOCC is interested in bringing more capacity through another position (i.e., behavioral health clinician) and addressing housing issues
- vi. Sheamus explained that there would need to be a sustainability plan for longevity of a position created within the County
- vii. Sheamus further explained that San Miguel County received 1.6 million dollars but there is concern that future legislation will create revenue loss
  1. BOCC to earmark dollars to plan for this revenue loss
    - a. For this reason, behavioral health proposal to be at the dollar amount originally stated
- viii. These funds would need to be committed by December 2024 and expended by 2026
- ix. Rob Whiting proposed behavioral health partnerships with private entities
  1. Paul Reich suggested the opposite as most of these entities have Employee Assistance Programs (EAP) and small businesses do not
- x. Solutions Panel members discussed the need for more prevention efforts for local employees instead of relying on EAP after a crisis occurs
- xi. Solutions Panel members also discussed the following options:
  1. Sober living house
  2. Housing for bilingual/bicultural therapist
  3. Peer support services
  4. Trauma intervention programs (training civilians on how to deal with trauma)

#### **6. Grant Opportunity Presentation and Brainstorm (Carol Friedrich)**

- a. Carol Friedrich presented on a County behavioral health grant opportunity
  - i. Opportunity for County departments of social services to apply
  - ii. Grant does not have to be spent in the social services department, it just needs to be housed there and funds can be used on behalf of the County
  - iii. Carol wanting ideas from Solutions Panel to inform her grant request
  - iv. Solutions Panel mentioned potential for regional collaboration for substance use disorder treatment
  - v. No single grantee can go over 1 million but if applying on behalf of multiple counties grant requested can exceed that
  - vi. No more than ten percent can be used for indirect funding
  - vii. Funding opportunity can be used for capital if able to prove five years of sustainability support
  - viii. This grant opportunity prioritizes rural, frontier communities
  - ix. Grant application must demonstrate community need

- x. Funding available starting in 2022. RFA (Request for Applications) to posted sometime in September 2021
- xi. Carol looking for ideas that this grant could cover that the Solutions Panel would not be able to
  - 1. Housing for a bilingual/bicultural therapist
  - 2. Commercial building for the Behavioral Health Solutions Panel and its programs
    - a. Carol mentioned that the Solutions Panel is growing and a space to hold meetings, house contractors, offer meeting spaces for group therapy, offer telehealth ports, and office space for local therapists could benefit the community in many ways
      - i. Carol summarized this notion as a “Behavioral Health Solutions Resource Center”
  - 3. Discussed possibility of buying a house in Norwood
- b. After the identified initiative of this grant begins, the idea would be for the Solutions Panel funding to sustain project over time
- c. Solutions Panel members discussed possible transitional housing for those returning to the community after some type of behavioral health treatment
  - i. Also discussed potential detox facility
    - 1. Members discussed need to figure out where in the county would make the most sense for any capital project

#### **7. Sliding Scale RFP Discussion**

- a. Carol Friedrich and Corinne Cavender discussed sliding scale Behavioral Health Fund with Amy Markwell to make sure proper procedures were being followed should it require an RFP
- b. Amy advised the Solutions Panel to put the opportunity out for bid
- c. **Motion to approve RFP as presented in meeting packet to administer the Behavioral Health Fund**
  - i. *1<sup>st</sup> Sarah Landeryou*
  - ii. *2<sup>nd</sup> Paul Reich*
  - iii. *All in Favor*

#### **8. Spanish Language Alternatives**

- a. The Solutions Panel received no applications for the Spanish Language RFP.
- b. Solutions Panel members agreed to allow one month for applications
  - i. If there is still no response, discuss alternatives during next meeting
  - ii. Solutions Panel members agreed to widen advertising to organizations in the Front Range
  - iii. Discussion on researching language lines, who is using them, and how the Panel increase its use
    - 1. Corinne Cavender to research the price of a language line and process of bringing a line to entities who do not have one

#### **9. TCHNetwork Contract Addendum**

- a. Lynn Borup from TCHNetwork outlined additional activities it is doing for the Solutions Panel that are outside the scope of the current contract

- i. Proposed a contract addendum presented in meeting packet

**b. Motion to approve TCHNetwork Contract Addendum**

- i. *1<sup>st</sup> John Pandolfo*
- ii. *2<sup>nd</sup> Sarah Landeryou*
- iii. *All in Favor*

**10. Strategic Plan Discussion**

- a. Carol Friedrich (Panel Chair) proposed opportunity for 2022 strategic planning session for the Solutions Panel to align on future priorities
  - i. Goal is to outline the Solutions Panel's goals for the next three to five years
  - ii. Solutions Panel members agreed that a three hour to half-day session outside of normal meeting times makes the most sense
  - iii. Carol and TCHNetwork to identify facilitator and plan session

**11. Other Business**

- a. Corinne Platt Support group proposal
  - i. After reviewing the proposal submitted by Corinne Platt, Solutions Panel members decided more time was needed to flesh out questions they have
    - 1. Solutions Panel members to submit questions to Corinne Cavender to discuss with Corinne Platt before a decision is made
- b. Rob Whiting posed concern about the co-responder program
  - i. Rob discussed the potential need to ensure proper protocols are in place to make sure coresponder response is used when necessary and not bringing in unnecessary police response
    - 1. Discussed potential risks and stigma to bringing in police to a mental health situation"
  - ii. Solutions Panel members wary of interfering with operations. Future discussion on the topic necessary

2021 Meeting Schedule

October 28            November 18\*  
December 16\*

\*3<sup>rd</sup> Thursday due to Thanksgiving and Christmas holidays

Attachments:

August 26, 2021 Meeting Minutes  
Budget  
Email Vote Meeting Minutes  
Sliding Scale RFP  
TCHNetwork Contract Addendum