

MEETING MINUTES
San Miguel Behavioral Health Solutions
November 18 2021 | 9:00 am – 11:00 am
ZOOM ONLY

Panel Members Present: Carol Friedrich, John Pandolfo, Paul Reich, Pam Stewart-Maddox, Sarah Landeryou, Rob Whiting, Chuck Porth (Attended until 9:55am)

Other Attendees: Corinne Cavender; TCHNetwork, Lynn Borup; TCHNetwork, Amy Rowan; TCHNetwork

Meeting called to order at 9:05am

- 1. Welcome**
- 2. Approve October 28, 2021 Meeting Minutes**
 - a. Motion to approve October 28, 2021 meeting minutes with language addition of CORE representative being invited to strategic planning meeting
 - i. 1st Rob Whiting
 - ii. 2nd Paul Reich
 - iii. All in Favor
- 3. Public Comment**
 - a. No members of public present
- 4. Budget**
 - a. BHS members reviewed different aspects of the budget in the meeting packet
 - i. Discussed connection to grant reports
 - ii. BHS tasked Corinne Cavender to outline detailed expenditures along with budget to connect grant reports to dollars spent
 1. Corinne to research if there is a way BHS members can log on to the BHS website to access reference information
 - a. If not, Corinne to bring back past BHS Google Drive for easy access for members to reference grant reports and awards
- 5. BH Systems Navigator (Care Coordinator) Presentation (Amy Rowan)**
 - a. Amy Rowan, Care Coordination Manager at Tri-County Health Network, presented the 6-month report on the Behavioral Health Systems Navigator RFP
 - i. Note: The Behavioral Health Systems Navigator is also referred to the Behavioral Health Care Coordinator (BHCC)
 - b. TCHNetwork hired Tammy Jivery in May 2021
 - i. Seven clients served throughout the County with a variety of needs
 - ii. Several ongoing clients that are being seen virtually or in office
 - c. BHCC started facilitating a caregiver support group with five caregivers showing up to each group
 - d. Tammy Jivery will be transitioning out with a new BHCC starting in December
 - e. Barriers that BHCC has experienced
 - i. Lack of therapists and counselors
 - ii. Therapist and counselor capacity
 - iii. Face to face meetings
 - iv. Transportation
 - v. Housing

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1. Tammy Jivery transitioning out of position do to losing housing
- f. Clients were mostly uninsured or on private insurance. One client on Medicaid.
- g. Hard for BHCC to make connections with partner organizations because of how busy they are (ex. Uncompahgre and Telluride Medical Centers)
 - i. New BHCC will be meeting with organizations to make the connection of what the BHCC does and how to refer
- h. Tammy Jivery went through the following trainings, and new BHCC will do the same
 - i. Trauma informed care
 - ii. Opioid use disorder training
 - iii. High fidelity wrap around for youth
- i. Questions:
 - i. Paul Reich noted that it seems like San Miguel County Sheriff's CORE program is more case management. Noted curiosity on how much interaction will take on from CORE
 1. Goal is for warm hand off from CORE to BHCC before crisis is already over
 - ii. Paul Reich asked about the BHCC connection to the Center for Mental Health
 1. Paul noted The Center has options for Medicaid
 2. Amy Rowan noted a case where BHCC brought clients to the Center when whole family was in need, but because of therapeutic relationship Center therapist Jenny Wheeler could only see one family member.
 - iii. BHS asked if the Caregiver Group is that related to TCHNetwork's palliative services
 1. Amy Rowan noted that there are mental health challenges associated to being a caregiver, so having the BHCC lead the group makes sense
 - iv. Sarah Landeryou discussed reintroducing new BHCC after the holidays. Pitched the following:
 1. Meet and greet
 2. Article in the paper
 - v. Amy Rowan Noted that the new BHCC has stable housing
 - vi. Carol Friedrich brought up discussion that occurred during UNBOCES meeting
 1. Training for student threat assessment teams
 2. Transition from crisis stabilization unit back to the school
 - a. Creating a system where staff has more information how to care for student in their transition back to school
 - b. Carol mentioned BHCC potentially being able to help students make a successful transition back to school

6. Opioid Regional Council Update (Carol Friedrich)

- a. Carol Friedrich updated BHS on the status of the Opioid Regional Council
 - i. Council met, established bylaws, and is moving forward in its formation
 - ii. There are two representatives from each County within our region
 1. San Miguel County Representatives are County Commissioner Hilary Cooper and Sheriff Bill Masters
 2. Ouray County Representatives are Carol Freidrich and Sheriff Justin Perry
 - iii. Good opportunity for members of BHS Panel to apply. Members can email Commissioner Cooper or Sheriff Masters with interest

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- b. Time commitment would be two-hour meeting once a month on a standing day
 - i. Day TBD

Break 10:13am

Meeting resumed at 10:20am

7. Latinx Membership Marketing Updates

- a. Corinne Cavender shared update for soliciting latinx membership on the BHS Panel. As of the date of this meeting, one application had been sent in. Newspaper ads and outreach plans will be used throughout the next month to solicit more applications. Corinne to bring all applications to next meeting.

8. Teen Mental Health First Aid (Suicide Prevention)

- a. Corinne Cavender discussed successes of teaching Teen Mental Health First Aid to Telluride High School Seniors
- b. BHS to consider this once discussing suicide prevention initiatives in 2022

9. 2022 Funding Applications

- a. School Based
- b. Agency
- c. CORE
 - i. BHS agreed to send applications for 2022 to organizations who have received funding in the past in the above categories
 - ii. Applications to be reviewed by BHS at next meeting with potential to wait to make motions until December 20th's strategic planning meeting

10. Other Business

Adjourned at 11:00am

Panel Members:

Carol Friedrich – San Miguel/Ouray County Social Services Director, Chair

John Pandolfo—Superintendent, Telluride R1 School District

Open– Telluride Medical Center

Chuck Porth – Chief Executive Officer, Uncompahgre Medical Center

Paul Reich – Community Relations Liaison, Center for Mental Health

Pam Stewart-Maddox – Community Member, Secretary

Sarah Landeryou – Community Member

Rob Whiting – Community member

2021 Meeting Schedule

December 16*

Strategic Planning December 20

Attachments:

October 28, 2021 Meeting Minutes

Budget

BH Care Coordinator 6- Month Report

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