

San Miguel Behavioral Health Collaborative Minutes

Thursday, February 17 2022 | 3:30-5:00pm

Collaborative Members Present: Paul Reich, Laura Byard, Jim Riley, Cris Matoush, Clea Willow, Mandy miller, Nya Greenstone, Carol Friedrich, Joel Watts, Grace Franklin, Perri Gipner, Emmaline Cochrane, Lynn Borup, Tammi Ragan, Miranda Franklin, Lindsay Wright, Alex Jones, Adrienne Christy

1. Quick Check-In Around the Table Related to BH

- a. Lindsay Wright noted continued influx of teens and kids seeking behavioral health services
- b. Lindsay passed on message from Dr. Koelliker
 - i. ER busy with mental health response
 1. Overdose, bipolar, using mobile response
- c. Carol Friedrich noted multisystemic therapy coming to Ouray and San Miguel counties
- d. Mandy Miller noted great attendance at the Telluride Counselor Lunch
 - i. Discussed that no clinicians in the County currently have in person openings
- e. Corinne Cavender to add Emmaline, Cochrane, Jim Riley, and Laura Knight to Telluride Counselors Google Group
- f. Tri-County Health Network hosting upcoming NAMI Family-To-Family support group

2. Crisis Response Updates

- a. Cris Matoush, Joel Watts, Ben Norton, and Miranda Franklin presented on new process for mobile crisis response
 - i. Noted first step is always to call the Colorado Crisis Services hotline
 - ii. At least four people to be on back up at a time
 1. Two mobile responders on duty, then Miranda and Joel
 - iii. Goal is to have San Miguel County office and six therapists on board
 - iv. Difference between Co-Responder and Mobile Crisis Response explained
 1. Mobile crisis does not need to use law enforcement
 - v. Integrated Insights does have a Spanish speaking clinician and language line to use for Spanish speakers in crisis
 - vi. Corinne Cavender to get email overview to send to Telluride Counselors Google Group

3. Youth Suicide Initiative (Center for Mental Health)

- a. Laura Byard, Perri Gipner, Nya Greenstone, and Paul Reich presented the updates
 - i. Walked Collaborative members through the attached PowerPoint
 1. Discussed Salem Keizer model in schools and threat assessments
 2. Discussed Youth Suicide Prevention Program
 3. Discussed IGO update from The Center

4. Behavioral Health Solutions (BHS) Updates

- a. Clinical Supervision

- b. Carol Friedrich updated the group on the new model BHS is creating for funding clinical supervision hours
 - i. Will fund student hours
 - ii. Supervisors must be accredited clinical supervisors through state accreditation system selected by BHS
- 5. Next Meeting February 17, 2022, 3:30-5:00pm

2022 Meetings

3/17	4/21
5/19	6/16
7/21	8/18
9/15	10/20
11/17	12/15



CMH THE CENTER
for Mental Health
Providing Help, Hope, and Healing

Agenda

- Youth Suicide and Threat Prevention Program
 - Laura Byard, Nya Greenstone, Perri Gipner
- Update on The Center's Operations
 - 2021 Clients from San Miguel County
 - Challenges and the new Behavioral Health Administration
 - Service Updates
 - Merger with AXIS Health Systems
- Save a Life: Suicide Prevention in Our Community, March 17th, 5:30-7:00pm at the Palm Theatre

Salem Keizer Model for Suicide and Threat Prevention/Intervention


Community Concern

Level 1 Process

- School counselor and administrator gather information by interviewing student (law enforcement and mental health included if indicated) Parent is notified and interviewed Teacher and witnesses are interviewed, if appropriate School staff make determination to refer to a higher level of assessment and support

Level 2 Process

- Suicide: referral is made to the CMH for further evaluation. Return to school: Administrator and counselor hold a Safety and Support Planning meeting with student and parents/guardians.
- Threat: additional interviews are conducted and referred to community-based team for review, investigation, and support identification.



Salem-Keizer Model Implementation in San Miguel County



- Uncompahgre Board of Cooperative Educational Services (UnBOCES) support to fill a need
- Perri Gipner, UnBOCES Suicide and Threat Prevention Coordinator
- Year 1 of implementation
- Standing member of Level II team (West-Central Colorado Student Threat Assessment Team)
- Feedback from Fall Threat Assessment and Suicide Prevention training



Youth Suicide Prevention Program



Goals of the program:

- Support school staff in reducing the number of suicide and suicide attempts in the schools and in assessing the level of concern regarding student threats
- Provide care coordination and treatment services to youth and families experiencing a suicidal crisis
- Provide training and consultation to school staff

Youth Suicide Prevention Program



What services are offered:

- An evidence-based program called the Youth-Nominated Support Team (YST-II) intervention to increase the number of caring adults in a young person's life that can support them in their treatment
- Coordination of care from crisis services to outpatient treatment and return to school
- Training and consultation for schools around suicide and threat prevention

Youth Nominated Support Team (YST)

What is YST:

- YST is a 12-week evidence-based intervention that aims to increase supportive and caring adults in a young person's life to support them in their treatment. This program is meant to supplement ongoing treatment for suicidality which can include therapy and medication.
- 2 published studies show a decrease in suicidal ideation following discharge, higher compliance with treatment, less likely to die over long-term from suicide.

Youth Nominated Support Team Intervention

Nomination Process

Youth nominates up to 4 trusted and supportive adults (that are approved by parent/guardian)

YST staff obtains approval to speak with the nominated individuals

Psychoeducation Session

Nominated adults receive the following information to learn how to support the young person.

1. Learn about youth's treatment plan
2. Review Risk Factors and Warning Signs of suicide
3. Review the Safety Plan
4. Discuss Communication Strategies

Ongoing Check-Ins

Weekly Contacts

YST staff provide weekly contacts to:

- Nominated support persons
- Treatment provider

Enrollment

Week 1

Weeks 2-12

Referrals to the Program

Referrals

- Send an email to: youthsuicideprevention@centermg.org

Hiring for a Case Manager for the UnBOCES!

QUESTIONS ABOUT THE YOUTH SUICIDE PREVENTION PROGRAM?

WHO ARE WE SERVING IN SAN MIGUEL COUNTY?

1/1/2021 TO 12/31/2021			
PROGRAM	NUMBER OF CLIENTS SERVED IN SAN MIGUEL COUNTY	NUMBER OF CLIENTS SERVED THROUGHOUT 6 COUNTIES	% OF TOTAL CLIENTS
OUTPATIENT	184	3297	5.6%
PSYCHIATRIC	106	2039	5.2%
SUBSTANCE USE OUTPATIENT	21	209	10.0%
CRISIS SERVICES	34	893	3.8%
DUI CLASSES	40	197	20.3%
CASE MANAGEMENT	63	513	12.3%
JAIL BASED SERVICES	42	63	63.6%

WHO ARE WE SERVING IN A CRISIS IN SAN MIGUEL COUNTY?

1/1/2021 TO 12/31/2021

PROGRAM	NUMBER OF CLIENTS SERVED IN SAN MIGUEL COUNTY	NUMBER OF CLIENTS SERVED THROUGHOUT 6 COUNTIES	% OF TOTAL CLIENTS
CRISIS SERVICES	34	893	3.8%
CRISIS WALK IN CENTER	33	827	3.9%
CRISIS STABILIZATION UNIT	17	397	4.3%
WITHDRAWAL MANAGEMENT	0	101	0%

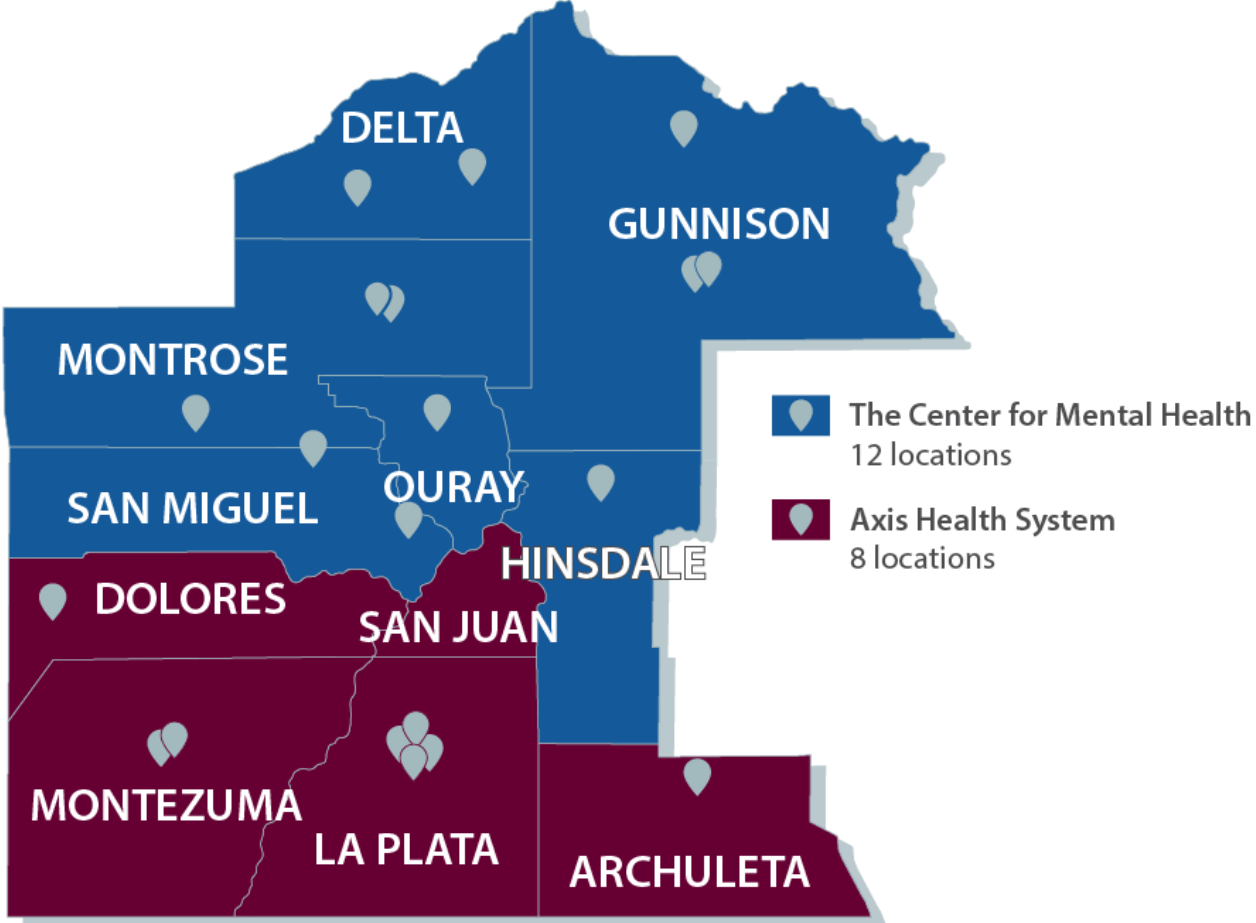
CHALLENGES FACING THE CENTER FOR MENTAL HEALTH



- Workforce shortages
- Affordable housing
- Staffing burnout and turnover
- Complexity of client needs
- Chronically insufficient funding
- Complex funding streams
- Administrative burden
- Future funding/COVID-19 one-time funds
- Impact of Behavioral Health Administration

MERGER WITH AXIS HEALTH SYSTEMS

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QUESTIONS?