

San Miguel Behavioral Health Collaborative

Thursday, April 21 2022 | 3:30-5:00pm

ZOOM ONLY

1. Quick Check-In Around the Table Related to BH

- a. Diana Koelliker noted that Emergency Room has seen an expected and typical uptick in Mental Health emergencies and crisis intervention
 - i. Described this is very common during off season in teens and adults with substance use problems
- b. Therapists in the collaborative described similar circumstances
 - i. Mandy Miller sees the community having a good work/play balance during busy times but without the structure negative behaviors occur more
 - ii. Lindsay Wright noted a huge uptick in clients seeking EMDR
- c. Emmaline Cochrane, Behavioral Health Care Coordinator is working on updating crisis workflow since there is no longer CORE in our community
- d. Tri-County Health Network hosting a celebration of life service for our community
 - i. Over the past 18 months, we had 40 deaths in our community
- e. Robert Garcia discussed mental health awareness month events through Tri-County Health Network, discussed NAMI (National Alliance on Mental Illness)
 - i. Jennie Thomas suggested keeping NAMI groups remote to increase participation
- f. Collaborative discussed its involvement with the NAMI Chapter
 - i. Jennie Thomas really supports the model and wants to encourage innovative ideas on how to get community members to join
 - ii. Lindsay Wright noted that in the past she has given clients NAMI support group information but does not know how many people have followed up with the recommendation
 - iii. Mandy Miller suggested that some people don't identify with the term "mental illness" so leaving that out of marketing might connect with more people
 - iv. TCHNetwork will reach out to past family to family support group participants
 - v. Encouraging all to share support groups and chapter information to community members and clients
- g. Laura Byard described the Center for Mental Health received a grant for members of Telluride and Norwood struggling to find employment due to their mental health
 - i. Grant allows CMH to see what individuals' needs are, what they are capable of and enjoyed doing in the past, and help identify another skill set
 - ii. For individuals who have a combined mental health need that might be preventing them from getting employment
- h. Jennie Thomas working with Norwood and West End Schools doing great work with interventions, teaching DBT skills classes, individual and group counseling with students

- i. Parents supportive of services
 - ii. Students referring themselves or other students, parent referrals
 - 1. Seeing a culture shift
 - i. Ainslee Fessenden from the San Miguel Resource Center gave updates on the organization
 - i. Shannon Dean is no longer the Executive Director
 - ii. Currently in process of finding someone for that position
 - iii. SMRC has a therapy assistance fund program that provides six to then sessions for sexual assault and domestic violence survivors
 - iv. West End Advocate is starting a support group for survivors of Domestic Violence
 - 1. Contact her directly for location of the group
 - a. If it goes well in Norwood bringing it to Telluride
 - j. Mandy Miller continuing work with Telski and ski patrol through funding through their health insurance
 - k. Mobile Crisis Response through Integrated Insights now has two full time members working with mobile crisis team
 - i. Noted that all community members should be using the Colorado Crisis Line
 - ii. New members are Melissa King and Kristen White
 - l. Mandy Miller noted that community wants to be as supportive as possible of the new crisis response model
 - i. However, people are now just going to ER or med center more often because they can get a sooner response then the mobile crisis response
- 2. Crisis Response Workflow Discussion**
 - a. Flow chart was created when San Miguel County had an emergency manager and CORE program on who to contact at what point of any time of community crisis
 - b. Emmaline Cochrane and Cris Matoush are working on updating that flow,
 - c. Goal is to have all stakeholders follow the same flow
 - d. Wendy Crank noted that during the last Norwood Town Council meeting members asked for a group to come talk to them about the mental health resources in our community
 - e. Integrated Insights wants community to understand CORE is different than Mobile Crisis Response
3. Next Meeting August 18, 2022, 3:30-5:00pm

2022 Meetings

8/18 10/20
12/15

Invitees

Carol Friedrich, Director, San Miguel & Ouray County Social Services
Clea Willow, Bright Futures
Cris Matoush, Rocky Mtn Health
Diana Koelliker, MD, Telluride Medical Center
Grace Franklin, Director, San Miguel Public Health
John Bockrath, EMS Chief, Norwood Fire District
Josh Comte, Marshal, Town of Telluride
Kathleen Merritt, Bright Futures
Laura Byard, Regional Director, Center for Mental Health
Lindsay Wright, Telluride Medical Center
Lynn Borup, Executive Director, Tri County Health Network
Mandy Miller, Community Member
Alex Jones, School and Mental Health Counselor, Telluride
Todd Bittner, Superintendent, Norwood
Paul Reich, Center for Mental health
Pete Petranovich, San Miguel Deputy Sheriff
Shannon Dean, Executive Director, San Miguel Resource Center

Crystal Glynn, Intern, Juvenile Services
Sara Kimble, TMHS Principal
Sarah Landeryou, Director, Wilkinson Public Library
Jennie Thomas, Community Member
Sharon Grundy, MD, Telluride Medical Center
Shelly Spalding, CEO, Center for Mental Health
Wendy Crank, San Miguel and Ouray County Juvenile Diversion
Corinne Platt, Intern San Miguel Sheriff
Corinne Cavender, Tri-County Health Network
Jenny Wheeler, Center for Mental Health
Jennifer Dinsmore, San Miguel County
Rick Williams, Norwood School District
Rae Shaffner, Community Member
Kelley Prince, Uncompahgre Medical Center
Robert Garcia, Tri- County Health Network
Sarah Franklin, Uncompahgre Medical Center
Amy Rowan, Tri-County Health Network
Elizabeth Davis, Thrive Wellness Group
Tammi Ragan, Tri-County Health Network

Contact: Corinne Cavender, Tri-County Health Network, 970-708-7096

