

San Miguel Behavioral Health Collaborative

Thursday, April 29, 2021 | 3:30-5:00pm

ZOOM ONLY

Collaborative Members Present: Carol Friedrich, Clea Willow, Diana Koelliker, Lynn Borup, Mandy Miller John Pandolfo, Paul Reich, Jennie Thomas, Shelly Fourney, Wendy Crank, Corinne Cavender, Greg Fisher, Corinne Platt, Lauren Oliver

1. Quick Check-In Around the Table Related to BH and COVID-19

- a. Diana Koelliker noted increase of alcohol related calls in the emergency department
- b. Collaborative members agreed that often community members are not getting proper follow up treatment plans after crisis calls
 - i. Agreed that the crisis response from CORE is working well, but follow up is not
 - ii. Collaborative suggested that the Behavioral Health Care Coordinator connects those to proper follow up services after a crisis call
- c. CORE responder Lauren Oliver noted significant amount of crisis calls during off season
 - i. Sited housing crisis as risk factor
 - ii. Noted more children calling for crisis response
- d. Collaborative members agreed that biggest need for county is more providers in the area
 - i. Most therapists and clinicians have waiting lists
 - ii. The more providers there are, the fewer clients current providers will need to take, lessening the burn out of local therapists
 - iii. No therapist located in Norwood
 1. Leads to transportation barriers
- e. Collaborative emphasized need to develop workforce
 - i. Discussed the idea of practicum internships to develop solid, local clinicians
- f. Members agreed on the need to nurture therapists already working in the community
- g. Collaborative members discussed the need for the Center for Mental Health to handle crisis calls with trauma-informed practices and to properly hand off to other crisis responders (CORE) when necessary
 - i. Examples shared about not handing off to CORE
 - ii. Example shared about asking financial information during crisis call, which is not consistent with the Center for Mental Health's information on mobile crisis response on its website

2. Behavioral Health Data Presentation (Corinne Cavender)

- a. Corinne Cavender presented data collected from San Miguel Resource Center, Telluride Marshal's Office, San Miguel Sherriff's Office, Tri-County Health Network,

San Miguel County Coroner, Telluride Regional Medical Center, Telluride Regional Medical Center Emergency Department, and CORE.

3. Crisis Services Update (Diana Koelliker, Mandy Miller, Robin Slater)

- a. Diana Koelliker, Mandy Miller, Robin Slater, and Corinne Cavender met previously to discuss ways to create a team to respond to clusters of situations that we encounter as a county-wide problem
 - i. Ex. Overdoses, suicides, etc.
- b. Koelliker, Miller, Slater and Cavender referenced past community crisis and how a crisis team have could have responded in a unified manner to be more effective in helping the community
 - i. The group shared its initial draft of what the response and team would look like
- c. Next step is finding someone to lead the crisis response team
 - i. With Emergency Manager leaving the county, need to figure out who is best fit
 - ii. Discussed potentially asking the Solutions Panel for funding for the head of this team

4. Community Support Group Update (Jennie Thomas)

- a. Jennie Thomas updated the Collaborative on her free Community Support Group occurring Mondays at 6pm via Zoom
 - i. Getting few but consistent participants
 - ii. Group has been better marketed

5. San Miguel Behavioral Health Solutions Panel Update

- a. Behavioral Health Care Coordinator
 - i. Tri-County Health Network has hired for the position
- b. Good Neighbor Fund
 - i. The Solutions Panel is in the process of creating a new funding mechanism instead of the Good Neighbor Fund
- c. Agency Funding
 - i. The agencies funded through the Agency Pilot Fund are wrapping up their grant cycles and turning in annual reports by June 15
- d. Professional Development
 - i. No new providers have applied for professional development stipends

6. Mental Health Awareness Month

- a. Tri-County Health Network is hosting a Community Resource Fair occurring Monday, May 24th in honor of Mental Health Awareness Month
 - i. Free yoga classes Wednesdays during May from 4pm-5pm
 - ii. Free Youth Mental Health First Aid class Thursday May 20th
- b. Bright Futures hosting Mindful May on Wednesdays from 7pm-8pm

7. West End Services Brainstorm (Shannon Dean)

- a. Collaborative discussed lack of services, not just providers, in the west end of the county
 - i. Discussed bringing issue to Solutions Panel



- b. CORE program working well in west end of county
 - i. This has helped identify people who need services, but due to lack of resources/providers services are not being offered
- 8. **KOTO Mental Health Matters Show Brainstorm**
 - a. Collaborative helped brainstorm ideas for the Mental Health Matter's KOTO Access Show
 - i. Teen Mental Health First Aid
 - ii. Addicts II Athletes
 - iii. Divorce
 - iv. Recovery support in general
 - v. Protective factors
 - vi. Common mental health challenges
 - 1. Normalizing talking about our mental health
 - vii. Generalized anxiety
- 9. Next Meeting June 17, 2021, 3:30-5:00pm

Attachments

Minutes from 3.4.21 meeting

Behavioral Health Data Presentation

2021 Meeting Dates

6/17/21	10/21/21
7/29/21	12/2/21
9/9/21	

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