

San Miguel Behavioral Health Collaborative

Thursday, March 4, 2021 | 3:30-5:00pm

ZOOM ONLY

Collaborative Members Present: Amanda Jones, Carol Freidrich, Diana Koelliker, Grace Franklin, Josh Comte, Kathleen Merritt, Lindsay Wright, Mandy Miller, Paul Reich, Shannon Dean, Shelly Fourney, Jim Riley, Alexis Sherwood, Amy Rowan, Lauren Oliver, Wendy Crank, Corinne Cavender, Robin Slater

1. Quick Check-In Around the Table Related to BH and COVID-19

- a. Collaborative members reported the following:
 - i. Suicide attempts among adolescents increasing and more community members in crisis
 - ii. Increase in domestic violence
 - iii. Increase in anxiety among youth
 - iv. Increase in clients in crisis
 - v. Increase in requests for teens clients starting therapy
 - vi. Emergency Department reports more risk-taking behavior among adolescents
 - vii. More depression associated with injuries
 - viii. Self-medication habits are returning with self-harm/self-injury
- b. Bright Future's Telluride for Teens offering ski passes, after school activities and individual supports for teens based on referral
- c. Collaborative expressed desire to see quantitative data to understand what is really going on in the County in terms of behavioral health.
 - i. Corinne Cavender to gather data from various entities with behavioral health statistics and present to the Collaborative

2. High Fidelity Wrap-Around Update

- a. Carol Friedrich presented on new happenings with High Fidelity Wrap Around
 - i. Process has been around for about 15 years and includes a facilitator, peer specialist, then a team of people selected by family to be wrap around team that meets with the family regularly to achieve goals
 - ii. Rocky Mountain Health Plans got a contract to implement in Ouray and San Miguel
 - iii. RMHP will contract with an organization ready to handle the program in these counties

3. San Miguel Behavioral Health Solutions Panel Update

- a. Behavioral Health Care Coordinator
 - i. Amy Rowan from Tri-County Health Network gave the Collaborative updates on this position funded by the San Miguel Behavioral Health Solutions Panel
 1. Very similar to the Medicaid Care Coordinator position

2. Amy explained to the Collaborative that the role will evolve as the community identifies more or different needs to be handled by the position
- b. Good Neighbor Fund
 - i. Solutions Panel has allocated a good portion of the dollars set aside
 - ii. Solutions Panel is looking at alternative way to help individuals with their access to behavioral healthcare
 - c. Agency Funding
 - i. Solutions Panel has funded the Telluride Regional Medical Center, Uncompaghre Medical Center, The Center for Mental Health, Tri-County Health Network, and the San Miguel Sheriff's Office last year
 1. Agencies applied; Solutions Panel then had unspent dollars which were allocated from that program and agencies reapplied. All agencies were granted additional funds from their reapplication.
- 4. Suicide Prevention Brainstorm**
- a. The Collaborative brainstormed the following issue areas/solutions for suicide prevention efforts in San Miguel County:
 - i. Small group interventions
 - ii. Funding a more robust program in the schools next year
 - iii. DBT training and program in the schools
 - iv. Targeting areas where young adults live, i.e., Boarding House/Big Billie's
 - v. Peer support
 - vi. Creating a suicide prevention coalition through the Office of Suicide Prevention
 - vii. Joining in Gun Shop Project efforts
 - viii. Targeting areas where substance use is prevalent i.e., bars, restaurants, liquor stores
 - ix. Create suicide survivor support groups
- 5. Substance Use Prevention and Treatment Brainstorm**
- a. The Collaborative brainstormed the following issue areas/solutions for Substance Use Prevention and Treatment efforts in San Miguel County:
 - i. Men's/Women's recovery groups
 - ii. Limited residential treatment
 - iii. Detox in Montrose and Durango are great, involuntary commitments through Durango Axis
 - iv. Need for longer term programs
 - v. More campaigns about help being available
 - vi. Virtual IOP is available
 - vii. Changes to state residential benefits (for Medicaid)—this has created a backlog for services
- 6. Group Updates/Other Business**
- a. Dr. Diana Koelliker suggested creating a community wide crisis response team to address suicide, substance use, and any other behavioral health crisis

- i. Team should include multidisciplinary representation
- ii. Goal is for each organization to understand their role during a crisis and address crises with trauma-informed care

7. Next Meeting April 29, 2021, 3:30-5:00pm

Attachments

Minutes from 1.21.21 meeting

2021 Meeting Dates

	9/9/21
4/29/21	10/21/21
6/17/21	12/2/21
7/29/21	12/2/21

Contact: Corinne Cavender, Tri-County Health Network, 970-708-7096