

# San Miguel Behavioral Health Collaborative

Thursday, December 2, 2021 | 3:30-5:00pm

Collaborative Members Present: Lynn Borup, Josh Comte, Paul Reich, Diana Koelliker, Lindsay Wright, Mandy Miller, Tammi Ragan, Robert Garcia, Laura Byard, Clea Willow, Alex Jones, Cris Matoush, Jennie Thomas, Adrienne Christy, Kim Fisher, Tara Kelly, Laura Gabbay

## 1. Quick Check-In Around the Table Related to BH

- a. Collaborative members discussed what they are seeing across the County
  - i. Increase in teenagers seeking services
  - ii. NAMI (National Alliance for Mental Illness) Chapter got approval to begin in the County
  - iii. Seeing attendance issues for students in school
  - iv. Seeing a lot of substance abuse, fights, etc.
    1. Kids seem to be getting bored and engaging in activities like egging houses
      - a. Josh Comte noted being very busy in the last few weeks
  - v. TCHNetwork taught teen mental health first aid in the Telluride school with great response from students

## 2. iMatter Presentation

- a. Laura Gabbay with iMatter presented on the new program
  - i. Colorado House Bill 21-1258 established this temporary behavioral health services program to provide access to mental health and substance use disorder services for youth, including addressing needs that may have resulted from the COVID-19 pandemic. The program is open to youth 18 years of age or younger or 21 years of age or younger if receiving special education services. More information can be found at <https://imattercolorado.org>

## 3. School Based Behavioral Health Update

- a. Kim Fisher presented on behalf of the Norwood Schools
  - i. Parent joined restorative practices
  - ii. 2<sup>nd</sup> semester focusing on proactive intervention behavior support combining with restorative practices to encourage trauma informed collaboration with students
  - iii. Have seen significant attendance issues with students who are dealing with home life issues
  - iv. Seeing more request from services
    - v. Intern Jim Riley working with in person services
  - vi. General update: Norwood School Board passed resolution to arm school staff members
- b. Alex Jones presented on behalf of Telluride Schools

- i. Just onboarded a board-certified behavioral analyst as well as interventionist
- ii. Used funding to buy database and lessons on experimental online learning with a facilitator that is a counselor to at how students can connect that to careers, opportunities, etc.
  - 1. Often see mental health issues related to not knowing goals or what is next step in life so this system can offer students hope for future
- iii. Three peer lead teams in the school
  - 1. Sources of Strength Team
  - 2. San Miguel Resource Center Peer Advocacy Group
  - 3. Anti-Bullying Group
- iv. Corinne Platt interning with school for in person therapy

**4. One to One Mentoring Update**

- a. Adrienne Christy and Tara Kelly presented the update
  - i. Refocusing program with heightened importance on mentees needing trusting adults after the pandemic
  - ii. Discussed how to make referrals, scholarships, events, etc.
  - iii. To refer a child or get involved, community members can visit <https://onetoonetelluride.org/>

**5. Year In Review**

- a. Corinne Cavender presented review of contributions the collaborative made to San Miguel Behavioral Health Solutions Panel in 2021
  - i. Behavioral Health Systems Navigator
  - ii. Professional Development Stipends
  - iii. Behavioral Health Fund

**6. San Miguel Behavioral Health Solutions (BHS) Panel Updates**

- a. BHS has a Strategic Planning meeting scheduled
  - i. Collaborative members want to ensure clinical supervision is discussed during this meeting
- b. Latinx Membership Application Request
  - i. BHS is seeking applications from latinx members of the County who are interested in serving on the Panel

7. Next Meeting January 20, 2022, 3:30-5:00pm

2022 Meetings

1/20	2/17
3/17	4/21
5/19	6/16
7/21	8/18
9/15	10/20
11/17	12/15