

# San Miguel Behavioral Health Collaborative

Thursday, October 21, 2021 | 3:30-5:00pm

Collaborative Members Present: Shannon Dean, Robert Garcia, Corinne Platt, Jennie Thomas, Laura Byard, Jenny Wheeler, Mandy Miller, Wendy Crank, Robin Slater, Paul Reich, Claudia Garcia, Shelley Fourney, Tammi Ragan, Josh Comte, Diana Koelliker, Crystal Glenn, Clea Willow, Lindsay Wright, Carol Friedrich

Other members present: Debi Butler and Claria Kapraun from Brain Health

## 1. Quick Check-In Around the Table Related to BH

### 2. Brain Health Presentation

- a. Debi Butler and Claria Kapraun from Brain Health presented on their organization
  - i. Brain Health is a grassroots organization dedicated to ending the stigma around mental illness
  - ii. The organization focuses on using the term brain health instead of mental health
    - 1. Ex. Using the term brain disease instead of mental illness
- b. Both adult and youth versions of Brain Health's presentation were viewed

### 3. Telluride Medical Center Behavioral Health Updates

- a. Lindsay Wright, behavioral health clinician at Telluride Medical Center shared updates with collaborative members
  - i. Slated to have another behavioral health clinician starting November 8
  - ii. The Telluride Medical Center (TMC) got funding from the San Miguel Behavioral Health Solutions Panel
    - 1. Using that funding to provide opportunities for clients who cannot pay for therapy sessions or have trouble paying for therapy sessions
    - 2. TMC is partnering with Sondermind for telehealth sessions
      - a. TMC is paying for 10 sessions with the option to add sessions
        - i. Two clinicians have been dedicated to TMC
          - 1. One is Spanish speaking
    - 3. TMC medical providers have opportunity to talk with one of Sondermind's psychologists

### 4. Youth Center Discussion

- a. Tammi Ragan, representing the Communities that Care Coalition, discussed the Town of Telluride's upcoming budget meeting
  - i. Proposed Youth Center is on the agenda
  - ii. Collaborative members agreed that having a youth center would benefit the behavioral health of our community

- iii. Collaborative members agreed that if there is hesitation to move forward with the youth center, that a letter on behalf of the group can be send to Town Council to show support

**5. Narcan/Naloxone Discussion**

- a. Collaborative members posed the question of how much Narcan is used in our community to reverse an opioid overdose?
    - i. Local law enforcement uses Narcan
    - ii. Law enforcement guess is that Narcan is used less than a dozen times a year
  - b. Collaborative agreed that it seems like it is not being utilized in our community but is a fantastic tool
  - c. Idea discussed to add to AEDs
    - i. Logistical issues to think about
  - d. Collaborative members brought up the potential for addicts to abuse this resource
    - i. Potential to keep Narcan on hand to avoid overdose instead of getting proper treatment
  - e. TMC has joined the Telluride Naloxone Project
    - i. TMC is getting shipment of Naloxone to give to patients who could be at risk or overdose
6. Next Meeting December 2, 2021, 3:30-5:00pm
- a. Collaborative members wish to have the Behavioral Health Solutions Panel develop a mechanism for community members or organizations to request funds

2021 Meeting Dates  
12/2/21