## MEETING MINUTES San Miguel Behavioral Health Solutions March 23, 2023 | 9:00 am – 11:00am ZOOM

**Panel Members Present**: John Pandolfo, Andres Jacinto, Carol Friedrich, Rob Whiting, Sharon Grundy, Todd Bittner, Paul Reich.

Panel Members Absent: Chuck Porth, Pam Stewart.

**Other attendees**: Pieper Kirkendoll; Community Mental Health Provider, Mary Burt; TCHNetwork, Lynn Borup; TCHNetwork, Gisela Escobedo; Interpreter

## Meeting called to order at 9:05am

- 1. Approved February 23, 2023, Meeting Minutes (Paul 1<sup>st</sup>, Todd 2<sup>nd</sup>)
- 2. Public Comment:
  - a. Pieper Kirkendoll a therapist, expressed concerns about changes to the 2023 grant that some of her patients received including lack of communication about the changes and confusing wording in the letters. Also concerns of the absence of a therapist on the committee making decisions about mental health care. The panel members discussed and acknowledged the issues brought up by Pieper and expressed their appreciation for her input.
  - b. The group discussed the challenges of transitioning from one funding model to another for mental health services, and the impact it had on patients and therapists. They also talked about the need to clarify the population the fund is meant to serve and how best to design a program to meet their need.
  - c. TCHNetwork will draft a letter of response for Panel to approve that will convey understanding and acknowledgment of concerns and needs of providers and clients and communicates why changes were made and explain purpose of these funds. The final letter will be sent to Andres to ensure verbiage is clear for Spanish-speaking clients.
- 3. Strategic Planning Conversation
  - a. The group discussed plans for their upcoming strategic planning meeting, including reviewing the history and original purpose of the tax fund, establishing priorities, reviewing the mission statement, and potentially adding a clinician to the board. They also expressed a preference for a 3-hour in-person meeting to be scheduled in the late afternoon/early evening, dinner to be provided, sometime after TSD's spring break in April through June.
  - b. Andres requested the meeting to be held at the SM County Commissioners Board room for ease of interpretation services. TCHNetwork will send out a Doodle poll that coincides with availability of the Board room.
- 4. Role of Panel with Clinical Supervisor:
  - a. The group reviewed the current program in place that provides financial support for candidates needing supervision and therapists interested in becoming a Clinical Supervisor and considered

implementing guardrails and promoting the program to increase awareness. Current guidelines include:

- i. Candidates who receive funding commit to provide services to San Miguel clients for 24 months after certification and agree to complete a survey on Supervisor. There are 20 students who need Supervisors in the County. Supervisors who receive funding must have a Colorado license, agree to see SM county clients, agree to be listed in the Solutions Supervisor registry, supervise one student each year, and must be accredited through a supervisor program.
- ii. In 2022 \$2,500 was dispersed, budgeted amount is \$20,000 per year.
- b. The group agreed to remove the Supervisor requirement that they must see SM clients to allow for more availability of Supervisors.
- c. The group agreed that they wanted to put guardrails around the amount of funding. Ideas included limiting the total amount per candidate paid to the Supervisor, limiting the number of hours to be paid, limiting the amount per hour to be paid to Supervisors. TCHNetwork will research the number of supervisor hours required per type of candidates and a share some options for financial guardrails at the next meeting.
- 5. Renewing Appointments in May
  - a. The group discussed renewing board appointments and adding additional panel members. They went through the list of those with expiring terms (John, Paul, Rob & Dr. Grundy), verifying that all were interested in continuing, and discussed the ideal demographics for alternative/ community member seats.
  - b. It was shared that Pam, who fulfills a member-at-large seat will be retiring and expressed her desire to step down from the Panel prior to her term expiration date. TCHNetwork will reach out to Pam to confirm her resignation from the Panel and develop a workflow to recruit a new member-at-large. This member-at-large position could be a person with a clinical background.
  - c. Recommend adding law enforcement and public health representatives.
- 6. May Mental Health Awareness Month
  - a. Group discussed various ideas to participate in community events and promote their accomplishments, participating in local celebrations, putting up a banner, sharing updates through press releases and radio interviews (Andres is on KOTO the first Tuesday of each month, and Dr. Grundy and John are available.)
- 7. Other
  - a. Discussed the need for education on different types of service providers. TCHNetwork will research the different licensure types and the services that can be provided under each for review at the next meeting.
  - b. Clarified the coordination of, and funding for crisis services is the responsibility of Rocky Mountain Health Plans and that Rocky has subcontracted with Integrated Insights to provide the services in San Miguel, Montrose, Ouray & Delta counties.
  - c. Clarification that the budget expenditures are reviewed each quarter, will be sent out in the interim once updated by TCHNetwork.

## Meeting adjourned at 11:01 am

Next Meeting: April 27, 9am – 11am