

# San Miguel Mental Health Advisory Panel Minutes

October 24, 2019  
Wilkinson Public Library  
100 West Pacific Avenue, Telluride

Members Present: Carol Friedrich, Chair  
Mike Gass, Vice Chair  
Pam Stewart-Maddox, Secretary  
Nicole Long, Treasurer (BY PHONE)  
Sarah Landeryou  
Amanda Jones

Members Absent: Karen Winkelmann

Tri-County Health Network: Paul Reich, Adrienne Christy, Corinne Cavendar

Other Attendees: None

Meeting Called to Order by Carol Friedrich, 9:00am

Opening Comments by Carol Friedrich, Chair

- The County will be advertising for the open position on the panel and the BOCC will make a selection at a future BOCC meeting
- Tri-County Health Network (TCHNetwork) was selected to provide administrative support to the Panel, following their submission of a response to the RFP and the interview with the panel in September.

## **Agenda Items**

1. Approval of Minutes of September 3/26, 2019 and July 25, 2019 meetings
  - a. Motion by: A. Jones Seconded by: M. Gass
  - b. Yes 6 No 0
2. Introduction of TCHNetwork Staff
  - a. Adrienne Christy will be the Project Lead and will be the main point of contact at TCHNetwork for this project
  - b. Corinne Cavendar, Americorp VISTA, is filling in for Hope Logan, Americorp VISTA, who will be providing support to the panel

- c. Paul Reich will continue to oversee the overall TCHNetwork program; additional TCHNetwork staff will be utilized, as needed, to support the panel, including evaluation, finance, and marketing
3. Discussed future meetings due to conflicts in November and December with the holidays. The panel decided to meet on Friday, December 6, 2019, from 9:00am to 11:00am, at the Telluride High School District Conference Room. The panel will resume their regular meeting schedule of the 4<sup>th</sup> Thursday of each month in January 2020.

#### 2020 Meeting Schedule

January 23	July 23
February 27	August 27
March 26	September 24
April 23	October 22
May 28	November TBD
June 25	December TBD

4. Adrienne Christy led the panel through a series of discussions regarding the vision, mission and goals of the panel. The results of these discussions will be summarized and provided to the panel in advance of their December 6 meeting. The comments listed below are not an all-inclusive list of topics discussed.
- a. What is the purpose of this panel?
    - i. Guide community vision
    - ii. Budget and allocate dollars
    - iii. Drive/allocate/identify services to community
    - iv. Link to commissioners
    - v. Continually renew and assess, accountability, review outcomes
    - vi. Promote mental health and wellbeing
    - vii. Group of individuals coming together in a collaborative effort to give a 360-degree view of the challenges and needs of the current San Miguel County mental health situation.
  - b. What change do you want to see in our community as a result of the work of this panel?
    - i. No wrong door policy
    - ii. Every client who wants mental health services to be able to get services no matter how much money they have
    - iii. Empirically sound evidence-based prevention services—best practices
    - iv. Building resiliency early
    - v. Reduction of number of residents living/experiencing crisis
    - vi. Better services for community

- vii. Keeping people here for services
  - viii. Community members seeing value with data and case studies (Stories of success from community members)
  - ix. Broader system that does not depend on one organization--- no wrong door policy
  - x. Access to continuity of services—not having to bounce communities to get services
- c. What would success look like in 6 months, 1 year, 3 years?
- i. Short term: Specific areas of focus identified, identifying current providers of mental health and identify immediate and long-term barriers to implementation— year 1
  - ii. Mid: half of programs in place--- year 2
  - iii. Long: all programs in place and all our goals are starting to be met-- year 3
  - iv. Would like to identify interventions and programs in at least 2 of the focus areas so by end of first year funds are going to focus areas
  - v. Year 3: all four focus areas are being funded with ways to measure and fully implement
5. Carol Friedrich indicated an interest in developing a new name for the panel
- a. Panel discussed the need for the panel’s name and work to incorporate behavioral health, rather than only mental health
  - b. Discussion about a strength-based approach to the name
  - c. Possible ideas included: San Miguel Solutions, Mind Solutions, MIND (acronym for?)
  - d. Continued discussions will occur among panel members
6. Adrienne Christy briefly reviewed the Scope of Work, the Milestones and Benchmarks with the panel and the next steps for TCHNetwork
- a. Summarize responses to above questions; develop overall themes
  - b. Provide panel with draft suggestions for Vision, Mission and Goals at December 6<sup>th</sup> meeting
  - c. Begin 1:1 interviews with key stakeholders and community members for Environmental Scan and Gaps Analysis.
  - d. TCHNetwork will draft an initial press release for the panel, subject to approval by panel chair
  - e. Begin to develop a community needs assessment to be administered in early 2020

Next Meeting December 6, 2019, 9:00 a.m., Telluride School District Conference Room

Adjourned 11:00 a.m.